**Missoula County Public Schools**

**Graduations Matters Missoula Student Wellness Subcommittee**

Wednesday, August 27, 2014

3:30-5:00pm

Administration Building, Room 14

**Guiding Question:**

How do we work with students, staff, parents, and community members to identify and implement strategies that will significantly improve the physical and mental health of students so that we may ensure 100% graduation for all students, regardless of circumstances?

**Long term targets:**

***Enhance Student Wellness*** – work with students, staff, parents and community members to identify and implement strategies that will significantly improve the physical and mental health of students. Work on both policy and curricular recommendations in the following subcategories:

* Nutrition
* Physical Activity
* School Health
* Mental Wellness/Substance Abuse Prevention

**Short term targets:**

1. Reports from each team (Physical Activity, Nutrition, Behavioral Health, Personal Health) including:
   * Long-term goal
   * Short-term action plan
   * Time line
   * Point person
2. Feedback and discussion on each report from all committee members

**AGENDA**

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| **3:30-3:35** | Welcome, review agenda, introductions (Heather) |
| **3:35-3:45** | New leadership for GMM Student Wellness team |
| **3:45-4:00** | Report from Personal Health Team (Linda S)   * 1. Long-term goal  1. Short-term action plan 2. Time line 3. Point person   Feedback and discussion on Personal Health team report  Focus on anaphylaxis management and prevention. Two committees will continue this work into the 2014-2015 school year. Stock epinephrine policies and practices in place; multiple anaphylaxis trainings have occurred and will become annual – administrators, noon duties, food service staff, 12 of 18 building staffs, etc. Stock epi is now physically in every school. Continue to work on administrative procedures around stock epi and anaphylaxis management/training/ communication. Education at MEA: allergies and diabetes. Will create an anaphylaxis handbook. |
| **4:00-4:15** | Report from Behavioral Health Team (Carol E)   * 1. Long-term goal   2. Short-term action plan   3. Time line   4. Point person   Feedback and discussion on Behavioral Health team report  Many long-term goals (currently over six of them), need to narrow down long-term goals to fewer (1-3?). Thinking from a bigger picture process, what is the portal and system to provide services to students in MCPS. Application process? Work to create a systematic process for providing education and educational resources. Web-based. |
| **4:15-4:30** | Report from Nutrition Team (Lisa C)   * 1. Long-term goal   2. Short-term action plan   3. Time line   4. Point person   Feedback and discussion on Nutrition team report  3 or 4 handouts for parents and families have been created and are posted on the wiki. K-5 Teacher survey - 64 responses; 22% plan a food menu and give to parent volunteers; 39% provide guidelines to parents; 23% are thankful for whatever comes in; 9% don’t celebrate with food. – teachers want to have autonomy, but are not necessarily in support of unhealthy choices. Working on how we communicate and coordinate this data to positively impact schools. |
| **4:30-4:45** | Report from Physical Activity Team (Lisa B)   * 1. Long-term goal   2. Short-term action plan   3. Time line   4. Point person   Feedback and discussion on Physical Activity team report  CDC grant application; accelerometers for all 5th graders throughout Missoula County supported by St. Patrick Hospital; letter to all principals regarding physical activity opportunities to incorporate into the school day; UM Steve Gaskill working on creating a physical activity training center for teachers at UM, including resource website and online courses; developing a community-wide plan; student focus groups through UM Annie Sondag graduate students in community health to get student input; |
| **4:45-5:00** | Closing and next steps (Heather)  Discussion about using the procedures format (both competitive foods procedures and physical activity procedures) to develop “standards of practice” document to be used to create award program and incentives for schools to meet the standards of practice. All of us will work with our work groups to reformat/create standards of practice in our teams.  ***2014-2015 TEAM LEADERS meetings:***   * Wednesday, August 27, 2014, 3:30-5pm, Administration Building Room 14 * Wednesday, October 22, 2014, 3:30-5pm, Administration Building Room 14 * Wednesday, January 28, 2015, 3:30-5pm, Administration Building Room 14 * Wednesday, February 25, 2015, 3:30-5pm, Administration Building Room 14 * Wednesday, April 22, 2015 3:30-5pm, Administration Building Room 14   ***2014-2015 QUARTERLY meetings:***   * Wednesday, September 24, 2014, 3:30-5pm, Administration Building Room 14 * Wednesday, December 3, 2014, 3:30-5pm, Administration Building Room 14 * Wednesday, March 4, 2015, 3:30-5pm, Administration Building Room 14 * Wednesday, May 27, 2015, 3:30-5pm, Administration Building Room 14 |